香港中文大學 CUHK | 社會責任及可持續發展處 Social Responsibility and Sustainable Development Office



畢業留影 責任選擇
Graduation Memories, Responsible Choices

以 SDG 12 責任消費成就更有意義的畢業時刻
Celebrating Graduation with SDG 12 Responsible Consumption

SUSTAINABLE DEVELOPMENT GOALS

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

責任消費，為畢業照添加可持續發展意義

Responsible consumption adds sustainable significance to graduation photos.

消費者可以透過兩種主要方式實踐責任消費：

1. 減廢，及
2. 在購買商品時仔細考慮，並儘可能選擇可持續的產品。

Two main ways that a consumer can practice responsible consumption:

1. Reduce your waste, and
2. Being throughtful about what you buy and choosing a sustainable option whenever possible.



畢業照道具
Graduation Photo Props

點選道具了解如何實踐責任消費
Click on the props to learn how to practice responsible consumption



公仔
Doll



植物
Plant



手持道具
Handheld Props



肥皂泡
Soap Bubble



氣球及花炮
Balloon & Confetti Cannon



最強「道具」
Best 'Props'

畢業照道具
Graduation Photo Props

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公仔
Doll

責任消費者會...

購物前考慮

1. 是否已有相同或相類的物品
2. 能否為現有的公仔加上畢業袍
3. 公仔使用後的存放或轉贈安排

選購時

考慮向社企購買
（參考資料：社企指南）

物品使用後安排

1. 妥善存放、
2. 轉贈、捐贈或
3. 參與中大畢業公仔回收



A responsible consumer will...

Before purchasing

1. Consider whether there are already similar or identical items
2. Think about whether an existing plush toy can be reused by adding a graduation gown
3. Plan for the storage or rehoming of the plush toy after use

When purchasing

Consider buying from social enterprises
(Reference: Social Enterprise Directory)

After use

1. arrange for proper storage
2. gifting, donation or
3. participation in CUHK's Graduation Plush Recycle Programme



了解其他道具
Find Out Other Props

畢業照道具
Graduation Photo Props

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植物
Plant

責任消費者會...

購物前考慮

1. 會否以蔬菜花束或盆栽代替鮮花
2. 送贈鮮花的意義
3. 使用後如何妥善處理

選購時

1. 考慮向社企購買（參考資料：社企指南）
2. 選擇本地或鄰近地區出產及易於照顧的植物
3. 請店鋪使用較少包裝

物品使用後安排

1. 蔬菜花束：在一兩天內食用
2. 盆栽：自行栽種或轉贈
3. 鮮花：按此了解詳細處理步驟

A responsible consumer will...

Before purchasing

1. Consider whether a vegetable bouquet or potted plant can be used instead of cut flowers
2. Reflect on the meaning and purpose of gifting flowers
3. Plan how the flowers or plants will be handled after use

When purchasing

1. Consider buying from social enterprises (Reference: Social Enterprise Directory)
2. Choose plants that are locally or regionally grown and easy to care for
3. Request minimal packaging from the shop

After use

1. Vegetable bouquet: Consume within one to two days
2. Potted plants: Continue growing them yourself or pass them on to others
3. Cut flowers: Click here to learn about proper handling and disposal methods

了解其他道具
Find Out Other Props

鮮花處理3步曲
Proper Cut Flowers Handling in 3 Steps



1 分拆及分類 Separation and Sorting



打開包裝，把包裝物料和植材分開。
Open the packaging and separate packaging materials from plant materials.



不能重用的包裝，妥善回收。
Properly recycle any packaging that cannot be reused.



不能回收的包裝及凋謝的植材，棄置於一般垃圾桶。植材棄置前，需剪碎。
Dispose of non-recyclable packaging and withered plant materials in general waste bins. Cut plant materials into smaller pieces before disposal.

2 清潔 Cleaning



擦乾淨可重用的包裝物料。
Clean and dry reusable packaging materials for reuse.



沖洗或剪去植材腳部。如只有部份開始凋謝，可修剪該部份。
Rinse or trim the stems of the plant materials. If only part of the plant has started to wilt, carry out pruning to remove the affected portions.

3 安置和轉贈
Placement and Gifting



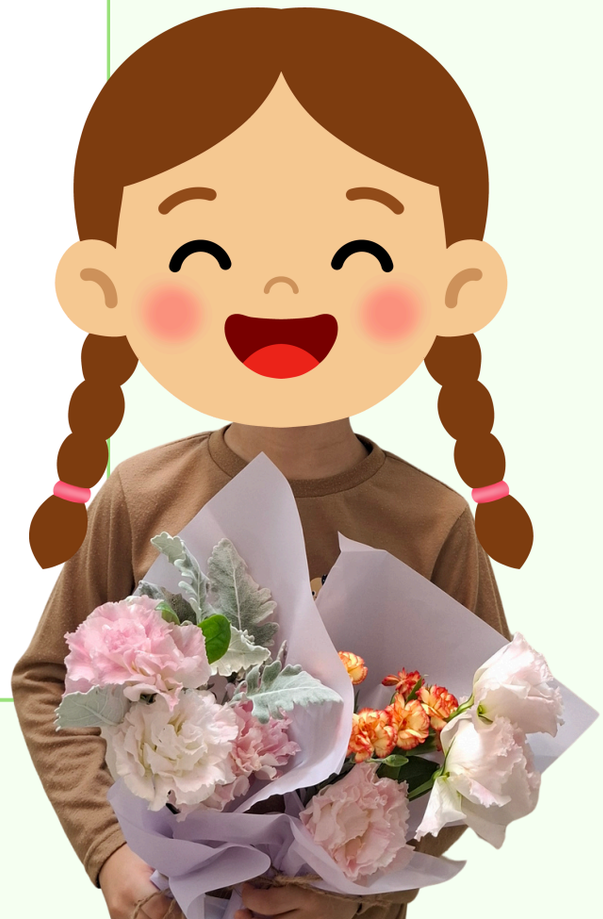
可重用的包裝物料，可收妥備用或轉贈他人。
Keep reusable packaging materials for future use or share them with others.



植材可放在水瓶中。養水植材需每天換水一次。凋謝後，需剪碎才棄置到一般垃圾桶內。
Place plant materials in a water container. For water-based arrangements, change the water daily. Once wilted, cut the plant materials into smaller pieces before disposing of them in general waste bins.



如合適，可以把植材製成乾花 或 用包裝物料製作成小花束，轉贈他人。
If suitable, turn plant materials into dried flowers, or reuse packaging materials to create small bouquets and gift them to others.



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手持道具
Handheld Props

責任消費者會...

購物前考慮

1. 是否已有相同或相類的物品
2. 使用後的存放或轉贈安排

選購時

1. 考慮向社企購買（參考資料：社企指南）
2. 如使用後會轉贈或捐贈，選擇沒有年份或名稱的道具

物品使用後安排

1. 妥善存放、
2. 轉贈 或 捐贈

A responsible consumer will...

Before purchasing

1. Consider whether there are already similar or identical items
2. Plan for the storage or rehoming of the props after use

When purchasing

1. Consider buying from social enterprises (Reference: Social Enterprise Directory)
2. If the item will be gifted or donated after use, choose items without specific years or names

After use

1. Arrange for proper storage,
2. Gifting or donation

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肥皂泡
Soap Bubble

責任消費者會...

購物前考慮

1. 是否已有相同或相類的物品
2. 使用後的存放或轉贈安排

選購時

考慮向社企購買（參考資料：社企指南）

物品使用後安排

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氣球及花炮
Balloon & Confetti Cannon

責任消費者會...

考慮對環境的影響及使用替代品。

市面上常見的三類氣球，即乳膠氣球、鋁膜氣球和水晶氣球，均難以回收和分解[1, 2, 3]。

由花炮發射出來的紙碎、紙條、膠帶、閃片等，在自然環境下難以清理。野生動物亦有可能誤認上述物品為食物而誤服[4]。

A responsible consumer will...

consider the environmental impact and opt for more sustainable alternatives.

Common types of balloons on the market–latex balloons, foil (mylar) balloons, and transparent (bubble) balloons–are all difficult to recycle and decompose.[1, 2, 3]

Confetti, paper strips, adhesive tapes, and glitter released from party poppers are also difficult to clean up in natural environments. Wildlife may mistakenly ingest these materials as food.[4]

了解其他道具
Find Out Other Props

參考資料/Reference：
1. Gilmour, M. E., & Lavers, J. L. (2021). Latex balloons do not degrade uniformly in freshwater, marine and compositing environments. *Journal of Hazardous Materials, 403.* https://doi.org/10.1016/j.jhazmat.2020.123629
2. 張雅婷。(2017年12月26日)。【節日膠災】LED告白氣球氾濫 「低端」塑膠PVC製恐難回收 。香港01。https://www.hk01.com/article/144306?utm_source=01articlecopy&utm_medium=referral
3. Environmental Protection Department. (2025). *Green@Community - FAQ.* Hong Kong Waste Reduction Website. https://www.wastereduction.gov.hk/en-hk/recycling-faq/greencommunity-faq
4. Reiss, M. (2023). *Graduation without the Glitter - 5 alternatives to confetti and glitter litter.* University of California, Davis. https://www.ucdavis.edu/climate/news/graduate-without-glitter



最強「道具」
Best 'Props'

拍畢業照的意義是甚麼?

大學畢業對許多同學和他們的家人來說是一個重要的人生里程碑，多會用照片紀錄這個珍貴和喜悅的時刻。

有想過數年後，重溫照片時，有甚麼會讓你會心微笑？同學之間的情誼和難忘時刻、家人的擁抱、師長的叮嚀、還是校園的一磚一瓦?

想像過後，你心中最強的「道具」又是甚麼呢?

What meaning do graduation photos hold?

Graduation is an important life milestone for many students and their families. Photos are often taken to capture these precious and joyful moments.

Have you ever thought–years from now, when you look back at these photos, what will bring a smile to your face? The friendships and unforgettable moments with your peers, the warm embrace of your family, the words of wisdom from your teachers, or the familiar corners of the campus?

After reflecting on this, what would be the best 'prop' in your photos?

了解其他道具
Find Out Other Props